



Fibromyalgia and Female Sexuality

By Marline Emmal

Trafford Publishing, Canada, 2003. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Fibromyalgia and Female Sexuality is the first book on fibromyalgia to explore how the various aspects of female sexuality can impact this baffling disorder. Understanding this impact can assist a woman in coping better with her fibromyalgia. Entire chapters are devoted to intimacy, menstruation, pregnancy and menopause. This book provides up-to-date information on the many ramifications of female sexuality on fibromyalgia and gives sensible advice on how to manage the disorder's ups and downs. Fibromyalgia and Female Sexuality is written in an easy-to-understand, conversational style. It is a self-help book that will enable the reader to alleviate some of the symptoms of pain, fatigue, moodiness and nonrestorative sleep. It is recommended that the sexual partner of the fibromyalgia sufferer also read the book in order to assist her in overcoming the feelings of helplessness so often experienced in the face of this condition.



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